



Welcome to Pure Skin. We based our spa to be the Spa Connessieur's Dream: A medical spa with a destination feel; a true hidden oasis in Connecticut. Indulge in the variety of services Pure Skin and soon you will see the power of perfection. Please continue scrolling to see our full list of services.

## Connecticut's 1<sup>st</sup> *Express Masking Bar* & other a la Carte Services

Who doesn't love a great mask here and there? You know, that treatment you're supposed to do 1-2 times weekly that no one has the time for? But really who does have time for that? I mean sure, you'll spend 15 minutes standing in line for your favorite Pumpkin Spice Latte but you won't spend that 15 minutes nourishing your skin with the tender loving care it needs. It's perfect for your day off, to try out after your laser hair removal, just after a sauna session, or just before going on that hot date you've been looking forward to all week. Our Mix & Mask bar also features great hand, foot and scalp treatments so you can mix & match the perfect a la carte combo for a purely blissful escape. Take a quick power nap while our Pure Skin Specialists cleanse, mask and moisturize your skin, leaving you ready to roll out the red carpet every day!

You can mix or match any of the following treatments, they can be added onto almost any service. Please consult your Pure Skin Specialist when booking your next appointment about what services would best suit your needs.

<b>Mix &amp; Mask Services</b>			
	<i>Face</i>	<i>Hand or Foot</i>	<i>Scalp</i>
<b>Basic</b> (15min)	<i>Cleanse</i> <i>Mask</i> <i>Moisturize</i>	<i>Tension Therapy</i> <i>Lotion Application</i>	<i>Aromatherapy</i> <i>Scalp Acupressure</i>
<b>Premium</b> (20min)	<i>Cleanse</i> <i>Exfoliation</i> <i>Mask</i> <i>Moisturize</i>	<i>Tension Therapy</i> <i>Scrub</i> <i>Lotion Application</i>	<i>Aromatherapy</i> <i>Warm Oil Treatment</i> <i>Invigorating Scalp Therapy</i>
<b>Deluxe</b> (30min)	<i>Cleanse</i> <i>Exfoliation</i> <i>Facial Massage</i> <i>Mask</i> <i>Moisturize</i>	<i>Tension Therapy</i> <i>Scrub</i> <i>Mask</i> <i>Lotion Application</i>	<i>Dr. Dennis Gross</i> <i>Root Resilience Anti-Aging Therapy</i> <i>Complimentary Shower</i> <i>\$5.00 Coupon for Dr. Dennis Gross</i> <i>Root Resilience Anti-Aging Hair Kit</i>



## Pure Skin Signature

*60 minutes*

A truly luxurious classic customized facial featuring;

**Cleanse | Enzyme Mask | Facial Massage/Extraction | Mask | Treatment Cream | Sun Protection**

*90 minutes*

All inclusive of the 60 minute, this treatment includes a form of energy or electro-therapy as well as extended massage.

**Cleanse | Enzyme Mask | Facial Massage | Extraction | Mask | Energy/Electro-Therapy | Treatment Cream | Sun Protection**

## Pure Pore Penetration

*60 minutes*

Customized for all types of problematic skin; blemishes are no match for our doctors; Dr. Dennis Gross & Dr. Colsky.

**Cleanse | Enzyme Mask | Facial Massage/Extraction | Mask | Treatment Cream | Sun Protection**

*90 minutes*

Customized for all types of problematic skin; this extended treatment uses targeted electrotherapy & rotary brush technology for a truly deep cleanse unlike any you have had before.

**Deep Cleanse | Enzyme | Extraction | Mask | Electrotherapy | Treatment Cream | Sun Protection**

## Man Cave Remedy

*60 minutes*

Why should girls have all the fun? Dr. Gross's cleansing, toning, extractions, and moisturizing are all specifically designed for the manly man's skin.

**Cleanse | Enzyme Mask | Facial Massage/Extraction | Mask | Treatment Cream | Sun Protection**

## Hot & Cold Bliss

*60 minutes*

For the stubborn combination skin, this facial features Dr. Gross's Age Erase Recovery Mask that utilizes a unique self-heating technology to soothe and promote relaxation, penetrates deep into the pores when combined with a hot and cold stone technique.

**Cleanse | Enzyme Mask | Stone Massage | Age Recovery Mask | Serum | Treatment Cream | Sun Protection**

## Red Carpet Repair

*60 minutes*

Targeting cells deep beyond the surface with the incorporation of our facial toning electrotherapy, with just the right balance of vitamins to improve your skin's elasticity and overall purity, you will be camera ready after this treatment. Strike a pose!

**Cleanse | Enzyme Mask | Facial Massage | Mask | Facial Toning Therapy | Treatment Cream | Sun Protection**

## Green Tea Cleanse

*60 minutes*

Sensitive skin? Green tea will sooth the skin featuring green tea infused hot towels, eye pads, and an organic walnut



shell manual microdermabrasion that includes an anti-oxidant serum application.

**Cleanse | Enzyme Mask | Organic Manual Microdermabrasion | Serum | Treatment Cream | Sun Protection**

## Oxygen Infusion Revitalization

*60 minutes*

Do you have a dull, grey complexion that leaves you looking tired? Our advanced oxygen infused delivery system forces cells to re-oxygenate, causing cellular healing and increased circulation making your complexion come to life!

**Cleanse | Enzyme Mask | Facial Massage | Oxygen Infusion Mask | Serum | Treatment Cream | Sun Protection**

### Results-Driven Skin Care & Repair – 15 Minute Electrotherapy Boosters & Enhancements

\*Ask your Pure Skin Specialist about adding any of these enhancements to your facial service\*

#### *Rotating Brush – A Deeper Cleanse*

Utilizes a rotating brush to remove debris and clear pores

#### *Vacuum Technology – Instant Manual Lymphatic Drainage*

Plumps the skin, increases circulation & clears the complexion

#### *Hi-Frequency – The Zit Zapper*

Creates ozone to kill bacteria in pores and increase circulation

#### *Galvanic – Serum Booster*

Increases product efficacy, allows for more absorbency, & faster results

#### *Facial Toning – Tightening & Firming Enhancement*

Increases elasticity, aids firmness, perfect for special events

#### *LED Light Therapy – Anti-Aging to Anti-Acne Booster*

Light waves penetrate skin down to the dermis to stimulate & heal

#### *Oxygen Infusion Technology – Vitality Enhancer*

Utilizes oxygen & air infusion technology to increase cellular healing



### Results-Driven Skin Care Combos & Additional Services

#### Infrared Sauna

*1 Session - 30 minutes*

For detoxification, and pure relaxation, see our website for more information on Infrared Sauna benefits. The perfect add-on for almost every service we offer.

#### The Back Attack

*30 minutes*

Say no more to stubborn back acne with a series of extractions and steam that your back will appreciate.

**Cleanse | Enzyme Mask | Facial Massage/Extraction | Mask | Treatment Cream | Sun Protection**

#### Double Dipping

*60 minutes*

Receive the best of both worlds with this half an hour massage and half an hour facial service. Unwind while achieving relaxation to your muscles in your body and face. Features an acupressure facial and scalp treatment with anti-aging benefits of the revolutionary Dr. Dennis Gross Root Resilience Anti-Aging Scalp Serum.

**30 minute Massage | Cleanse | Facial Massage | Mask | Treatment Cream | Sun Protection**

#### Twin-Turbo Treat

*90 minutes*

Not only does this double-feature take care of enlarged pores, ingrown hairs, and oiliness of the face, this facial includes a back treatment, to truly treat those who suffer from acne & aches! *\*Back treatment for this package is always customized.*

**Back Treatment\* | Cleanse | Enzyme Mask | Facial Massage/Extraction | Mask | Treatment Cream | Sun Protection**

#### Skinny Buns

*45 minutes*

Say goodbye to cellulite and hello to smooth hydrated skin!

**Cleanse | Thermal Scrub | Treatment Cream | Sun Protection**

*60 minutes*

Boost your buns with microdermabrasion & super hydrating mask for faster acting & longer lasting results.

**Cleanse | Microdermabrasion | Mask | Treatment Cream | Sun Protection**

#### Lemon-Lavender Lush

*45 minutes*

Lemon's natural cleansing properties detoxify lymph, stimulate circulation and brighten the skin while lavender encourages healing, hydration and relaxation.

**Cleanse | Lemon-Lavender Scrub | Treatment Cream | Sun Protection**

#### Eye Love My Eyes



*15 minutes / \$30*

No more puffiness, dark circles, sagging or wrinkles! You will love looking at your eyes after a targeted eye toning procedure, mask, serum and eye cream application.

## Lovely Lips

*15 minutes / \$30*

Chapped, cracked & dry lips can ruin your special day or night! Why suffer through the discomfort when you can top off any facial or massage service with this exfoliating & hydrating treatment!

### Microdermabrasion & Peel Regimen Packages

*\*BEST results when purchased in 3-6 series\**

## Anger Management

*Single Treatment 90 minutes / 3-series / 6-Series*

Do you have eleven lines in between the brows that make you look angry? With a combination corrective red light for local problem areas along with a blue light to overall make that radiant glow by exfoliating the epidermal layers of skin. Combine this with a Dr. Dennis Gross Firming Serum application for a tightening, smoothing treatment!

**Cleanse | Microdermabrasion | Facial Massage | Mask | LED Therapy | Serum | Treatment Cream | Sun Protection**

## Acne Shock Therapy

*Single Treatment 90 minutes / 3-series / 6-Series*

Repair, Restore, Rejuvenate. Based upon a skin analysis, the acne series will remove current acne, stop stubborn breakouts from occurring, and repair scarring and discoloration from old acne. Featuring Dr. Dennis Gross Colloidal Sulfur Mask and All-Over Blemish Solution, you'll be one step away from clean, clear, acne-free skin!

**Cleanse | Microdermabrasion | Facial Massage | Mask | LED Therapy | Serum | Treatment Cream | Sun Protection**

## Pregame Peel

*Single Treatment 60 minutes / 3-series / 6-Series*

Need a boost before a medical cosmetic laser or injectable procedure? Our organic treatment polishes the skin to achieve better results and finish with a soothing mask to decrease irritation and redness. Finish this treatment with a Dr. Dennis Gross Ferulic & Retinol Serum to boost your anti-oxidant and anti-aging benefits for a plump, refreshed look.

**Cleanse | Alpha Beta Peel | Mask | LED Therapy | Serum | Treatment Cream | Sun Protection**

## Dynamic Duo

*1 Dr. Dennis Gross Peel 30 minutes / 1 Microdermabrasion 60 minutes / (Separate appointments 2 weeks min apart)*

*\*BEST results when purchased in 3-6 series, alternating between a peel and microdermabrasion monthly\**

By combining physical exfoliation with chemical exfoliation, we trigger 15-20 different kinds of collagen and elastin building enzymes to repair the visage. This treatment comes with a Treatment Cleanser to help prepare the skin before peels and microdermabrasion and each appointment features LED light therapy.

**Cleanse | Microdermabrasion/Peel | LED Therapy | Mask | Serum | Treatment Cream | Sun Protection**





## PURE SKIN

### **Perfection - V.I.P. Project Packages**

*(Sold only in 6 month & 12 month increments)*

#### Complexion Perfection Project

*Dr. Dennis Gross Peel / 1 per month*

*Microdermabrasion / 1 per month*

*Resurfacing Laser Facial / 1 per 3 month*

The fountain of youth; a complete transformation, this deluxe skin make-over will completely rejuvenate the skin. It will target sun-damage, loss of firmness, discoloration, hormonal breakouts, roughness, you name it, we'll take care of it. You are a Pure Skin VIP! – Includes complimentary sauna session per visit & 20% off products including but not limited to Dr. Dennis Gross & Pure Skin merchandise.

#### Body Buff Project

*Dr. Dennis Gross Body Peel / 1 per month*

*Lavender-Lush Scrub w/ Skinny Buns Booster / 1 per month*

*Coming Soon!!!!*

This treatment is perfect for anyone looking to perfect the skin on the whole body. Anyone suffering from sun damage, actinic keratosis, keratosis pilaris, back acne scarring, general scarring & varicose veins or age spots. You are a Pure Skin VIP! – Includes complimentary sauna session per visit & 20% off products including but not limited Dr. Dennis Gross Body Glotion & a box of 50 Dr. Dennis Gross Alpha Glow Pads, the best self-tanning wipe on the market!.



PURE SKIN

Purely Relaxing Massage Therapy

## Pure Skin Signature

*60 minutes / 90 minutes*

For those person who enjoy a light touch, creating a relaxing experience. Get ready to catch some zzz's!

## Mommy & Me

*60 minutes / 90 minutes*

The massage for two, that soothes away stress, aches and pains before that bundle of joy arrives. (Only performed in the 2nd and 3rd trimester)

## No More Knots

*60 minutes / 90 minutes*

For those person who need deep tissue work targeted at deep knots and other areas of concern.

## Hot & Cold Body Bliss

*60 minutes / 90 minutes*

For those person who love stone work, we incorporate hot and cold stones to soothe nerves for a deeper relaxation. The perfect treatment to pair with the Hot & Cold Bliss facial treatment.

## Classical Thai Massage

*60 minutes / 90 minutes*

Classic Thai massage technique to target deep muscular tension, then stretch it out. This classic massage is perform on mats on the floor and is excellent for those working on flexibility and muscle relaxation.

## Ashiatsu Oriental Bar Therapy

*60 minutes / 90 minutes*

The Deepest Massage in Southington! Ashiatsu oriental bar therapy – where massage is performed 60% with the feet and 40% with the hands. Our therapists will work out knots and muscular tension for those who need something deeper than your classic deep tissue massage.

## Ashi-Thai

*60 minutes / 90 minutes*

For a full body rejuvenation! Ashiatsu oriental bar therapy – where massage is performed 60% with the feet, is combined with the longer term benefits of Thai massage technique to target deep muscular tension, then stretch it out! The best massage combination for athletes and anyone who is highly active!



ALL MEDICAL PROCEDURES LISTED BELOW ARE GENERAL TIMES AND PRICES. CONSULTATION IS REQUIRED FOR TRUE PRICING QUOTE FOR SERVICES. NO TREATMENT CAN BE PERFORMED WITHOUT A CONSULTATION

### Toxin Injections for Wrinkles & Fine Lines

Botox, Xeomin, Dysport:

*15-20 minutes*

To diminish fine lines and wrinkles around the eyes, forehead, and in between the eyebrows

Hyperhidrosis Treatment

*30 minutes*

Sweaty pits? We have the treatment for you!

Migraine & Severe Headache Relief

30 minutes

For those who suffer from extreme headaches, this might be the cure you have been searching for! Contact our staff for more details

### Cosmetic Fillers for Volume Loss

*15-20 minutes*

To increase volume to cheeks, lips, laugh lines, and jowls.

Radiesse | Restylane | Juvederm | Beletero | Perlane | Voluma

### Collagen Stimulators

*30 minutes*

For those who prefer long-lasting results to a quick fix, over the course of 2 years with an injection series, **Sculptra** has proven to stimulate collagen production so you will continue to look more youthful over the course of your treatment.

### Laser Hair Removal Services

Utilizes the eLos Plus Laser technology to semi-permanently hair on the body. Prices may vary per client. For best results usually 6-9 sessions are required for semi-permanent hair removal. There is no 100% permanent hair removal method so results may vary depending on skin type, hair type & lifestyle. Consult with our professionals for most accurate pricing.

Small Areas (Approx. 5-15 Minutes)

Unibrow

Ears

Upper Lip

Chin

Hands

Full Neck

Underarms

Bikini

Full Face

Brazilian

Large Areas (Approx. 15-30 Minutes)

Shoulders

Lower Arms

Upper Arms

Full Arms

Lower Legs

Upper Legs

Full Legs

Back



PURE SKIN

**Laser Facial Resurfacing & Rejuvenation**

Photo rejuvenation: color correction of brown spots and broken capillaries

Utilizes the eLos Plus Laser technology to diminish unsightly veins and brown spots on the face & body. Prices may vary per client. For best results usually 6-9 sessions are required.

Color Correction

Hands | Full Face | Shoulders | Chest | Specific Spot Treatment

Fraxel/ Skin resurfacing: To reduce the appearance of scars and fine lines.

Utilizes the eLos Plus Laser technology to resurface and tighten the skin on the face & body. Prices may vary per client. For best results usually 6-9 sessions are required.

Hands | Full Face | Eye Lids | Mouth